

Vulvar Biopsy

Discharge Instructions

- You may have light bleeding or spotting for 1 to 2 days.
- Bath twice a day for 10 days to reduce your risk of infection. **Do not** put bath salts or oils in the water.
- Pat yourself dry instead of rubbing after using the toilet, so you **do not** disturb the area of the biopsy.
- If you have stitches, they dissolve on their own in 10-14 days, **do not** pull on the stitches.

Call your health care provider if:

- you have heavy bleeding (soak a pad in an hour)
- you notice any unusual vaginal odour or discharge
- your temperature is greater than 38⁰C (100.4⁰F).

Follow-up Appointment:

- Your gynecologist's office arranges.
- Call your gynecologist's office for an appointment in _____ weeks.



CEAC 0315
February 2019

*This document was designed to support patients of the former RQHR.

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