

# CARDIAC CARE UNIT (CCU)



## HAND HYGIENE

- To protect yourself and others, use antibacterial hand cleansers before and after entering the unit, a patient room, and the kitchenette. Dispensers are conveniently located throughout the unit and hospital.
- You may respectfully request that any healthcare provider perform hand hygiene prior to working with you.
- If isolation is required, you and your visitors must follow the instructions explained to you and posted. These instructions are for the safety of yourself, your visitors and your fellow patients.

## VALUABLES

- Do not leave cash and/or valuables at your bedside. Personal belongings are left at your own risk.
- Keep glasses, dentures, and hearing aids off meal trays and put in bedside locker when not in use.

## VISITOR GUIDELINES

- Before you enter the unit, please call from the phones located at either of the unit's entrances.
- CCU patients need as much rest as possible to allow the heart to rest. Napping is encouraged.
- Visiting may be restricted depending on the patient condition and is limited to immediate family or as designated by the patient.
- Generally only 2 visitors are allowed at the same time. This prevents congestion in the unit and promotes a calm environment for all patients to rest and recover.
- The nurses may need to vary visiting guidelines at their discretion.
- Please let us know if these guidelines do not meet your needs as they may be adjusted.

## VISITOR WAITING ROOM

- This room has a public washroom, a pay phone, and a TV for your convenience.
  - Please keep the room neat.
  - Please respect others who may be sharing it with you.
- If your loved one is in critical health, an overnight quiet room may be available upon request. Please return the key to the unit after each use. Do not take the key outside of the hospital.

## SCENT FREE ENVIRONMENT

- CCU is fragrance free. For the comfort and well-being of all persons on our unit, please respect our scent free environment.
- It is preferable that flower arrangements are not brought to the unit.
- The hospital is a smoke free environment.

## PRIVACY AND RESPECT

- We respect your right to keep health information private. If you wish to have health information shared, please choose one contact person and tell your nurse who that person is. We will not discuss your condition with anyone else.
  - To maintain the safe and positive environment that we share, physical and/or verbal abuse will not be tolerated.

## UNIT ROUTINE

- Doctors' rounds and tests are not always scheduled.
- Tests and procedures may be performed or delayed on very short notice.

## FOOD AND DRINK GUIDELINES

- Almost all of our patients are on a low salt, low fat, caffeine free diet. If you want to bring in food, please keep those dietary restrictions in mind. A dietician is available upon request.

## HOSPITAL SERVICES

- The hospital has a cafeteria, commercial coffee and fresh fast food vendors, ATMs, a Gift shop, a drug store, and vending machines located throughout. Please don't hesitate to ask the staff for directions.
- Native Health Services are available Monday to Friday on Level 1 – by the 14th Ave entrance
- A spiritual care worker and social worker are available upon request.

**The CCU Manager is available Monday through Friday.**

**Unit Manager - (306) 766-3618**

**There is a Charge Nurse available on the unit at all times.**

**Let us know how we are doing...your input makes a difference!**