

Welcome To The Randall Kinship Centre

The Randall Kinship Centre is a voluntary program of Child and Youth Services, Mental Health and Addictions Services, in the Regina Qu'Appelle Health Region. The Centre and its programs were developed to meet the special needs of families that have children and youth with disruptive behaviour problems. Families, as a whole, are provided treatment and support.

Our services are designed to meet each child's unique needs. An outreach approach is provided with the goal of addressing barriers to service. Mental health clinicians plan with a variety of community members, professionals and other agencies. This kind of coordinated approach is more likely to produce better, lasting results for children, youth, and their families.

Our services are provided in ways that are culturally affirming.

Executive Director Mental Health and Addictions Services

4th floor - 2110 Hamilton Street
Regina, Saskatchewan
S4P 2E3
Phone (306) 766-7806
Fax (306) 766-7606

Director Child and Youth Services

Regal Plaza
1680 Albert Street
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Visit us on the web
www.rqhealth.ca

Randall Kinship Centre

Mental Health and Addiction Services

Child and Youth Services

Who Are These Programs For?

Our programs are for families with children or youth that are having trouble with their child's serious behaviour problems. Some of the problems addressed include:

- Difficult behaviours that started at an early age.
- Problematic behaviours that occur in a number of settings (home, school, with friends).
- Children who are especially challenging for parents and whose behaviour is causing a lot of disruption for the family.
- Poor behaviour or achievement at school including:
 - a. problems getting along with other children (fighting, bullying);
 - b. difficulty controlling impulses;
 - c. difficulty expressing him or herself with words; or
 - d. problems managing anger.
- Children and youth involved in high risk activity.

Programs Available at the Randall Kinship Centre

We have a wide range of services for children, youth, and their families.

Our program is designed to help each individual family and can be made up of any combination of the services listed below:

- Parent Education
- Outreach to the home, school, and community
- Cognitive Behaviour Therapy
- Problem Solving Skill Therapy
- Crisis Intervention
- Community Development
- Elder Services

How to Access Services from the Randall Kinship Centre

Contact Child and Youth Services at (306) 766-6700 and ask to speak with an Intake Worker.

An Intake Worker asks you a few questions and together you decide if services provided by the Randall Kinship Centre best suits the needs of your child. A referral to another program at Child and Youth Services or community agency may be recommended.