

AUTISM CENTRE NEWSLETTER

Volume 3 Issue 1

What's New at the Autism Centre?

Non-Violent Crisis Intervention Training for Clinicians and Interventionists!

Amy Ewart, Autism Centre Clinician, attended 4 days of training to become a Trainer for this internationally recognized program. She has recently trained the Autism Centre staff and will be offering training to ARC Camp staff as well as Autism Centre Interventionists within the next few weeks. This training ensures that staff develop skill in managing aggressive behaviors in a way that is safe for the children and the staff. Thanks to the parents that encouraged us to look into this training.

(see photos on page 4)

Sexuality and ASD Workshop

Jasmine Kindred, Autism Centre Clinician, attended this 2 day training in Saskatoon to learn about resources and facilitation of workshops and groups around puberty, dating, etc. Watch for some new group opportunities for our youth beginning in the fall.

(See Jasmine's recommended websites on page 2)

Congratulations

Barb Popowich, Jasmine Kindred, and Brenda Pedscalny who completed the coursework and practicum for University of New Brunswick training. A special thank-you to our parents and children who participated in the practicum with them!



We need artwork for our
"Hallway Gallery".

Please talk to your clinician if you would like to participate.



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Check out these websites:

Jasmine Kindred, Autism Clinician, recommends the following websites from her training on Sexuality and ASD. <http://www.advocatesforyouth.org/parents-sex-ed-center-home> ; <http://help4aspergers.com/> ; <http://www.autismresearchcenter.com/> ; <http://www.jkp.com/catalogue/aspergerautism>

SAVE THE DATE!

The Autism Resource Centre's 4th ANNUAL GET ACTIVE 4 AUTISM Walk|Run Event August 24, 2013

This year's event will be held at Wascana Park in the meadow behind the TC Douglas Building.

Early bird registration price of \$20 for adults and \$5.00 for children 12 and under lasts until July 1, 2013.

See the [Get Active 4 Autism website](#) or call the Autism Resource Centre at 306 569-0858 for more information

Group Offerings for Fall 2013

Social World Activity Training (S.W.A.T):

Social Outing Group

Music and Motion Group

New Respite Group ("NRG")

Social Connections Through Creativity .

Social Connections Through Varied Sports

Social Play Group

Cooking Group:

Superflex

Siblings Connections

The ASD Network

Please Remember: Not all groups are appropriate for every child. Parents are invited to discuss group offerings with their child's clinician.

ASD Network

A monthly networking and support group for all caregivers of individuals with an ASD. A time to share experiences with other while learning about other resources in the community.

Guest Speakers are often invited.

NEXT MEETING DATES:

- ♦ **September 17, 2013**
- ♦ **October 22, 2013**
- ♦ **November 19, 2013**

**7:00—9:00 PM at 2166 Broad Street,
Regina, SK.**

**Please RSVP to Rhenda Nicurity at 766- 0750 or
e-mail rhenda.nicurity@rqhealth.ca.**

Child Care available with advance notice.

UPCOMING CONFERENCE

Changing the Course of Autism

(conference and web cast)

October 24 & 25, 2013 Sidney, BC
Contact Autism Canada Foundation at
1 888 780 0663 for details.

**Stay tune for the Ministry of Health's
2013/14 conference announcements.**

WHO IS NEW AT THE AUTISM CENTRE...

Cindy Baergen will be starting her 1 year maternity leave on June 28th. We wish her all the best! We are currently recruiting a social worker to replace Cindy and look forward to someone starting in early July.

Nathalie Berard will be returning to the Autism Centre from her 1 year education leave on September 3rd. We will then have to say good-bye to Nicole Wright who has been so ably filling in for the past year. Nicole will be returning to her position on the Pediatrics unit at RGH. We are so glad that our children will see a familiar face if they ever have to stay at the hospital.



BORROWING LIBRARY

The Autism Centre has received donations of books for parents. Please come to the Centre and ask to look through them and borrow what looks interesting. We would be pleased to be the central location for this "borrowing library". If you have books other parents might be interested in and you are finished with them, consider this sharing opportunity.

Three Summer Camps for 2013

The Ehrlo Preschool Summer Program

(for children 3 – 6 years)

For more information call the
Autism Centre at 306-766-0750

The ARC Summer Program

(for children 7-12 or for 13 years and older)

This program is designed for individuals with a diagnosis of moderate to severe autism.

For more information, please call
the Autism Resource Centre, 3663 Sherwood Drive,
Regina, SK

For further details about this camp, visit
[http://www.autismresourcecentre.com/
Summer_Program.html](http://www.autismresourcecentre.com/Summer_Program.html)

The YMCA /ARC Inclusion Day Camp

(for children and youth ages 7 and older)

This is an integrated program designed for individuals
with a diagnosis of high-functioning autism

or Aspergers

Please call or stop by the Downtown Regina YMCA
2400 13th Avenue
Regina, SK
306 757-9622



"Autism finds a brave voice~~ its own. The fact that there is an advocacy committee composed of people who live the disorder is nothing short of wondrous."

Peter McMartin, Vancouver Sun, Nov. 25th, 2011

Tom Jackman is the Chairman of the Advisory Committee, and is on the Board of Directors for Autism Society Canada. The link is from a TV interview that Tom completed when he was in Calgary.

<http://globalnews.ca/video/614941/the-ability-hub>

Photos: (below left) Amy Ewart coaching Nicole Wright and Josie Vis with non-violent crisis intervention responses.

(below right) The Autism Centre team and guests writing their exam. We think Pamela is cheating!!!!



Magic the Gathering

A group of 5 teenagers from our centre recently learned to play "Magic the Gathering", a fantasy based strategic card game. We had 3 volunteers, Kevin McLean, Mike Wojtowicz and Blake Schinbein give their time for 2 nights in June to help run the group. Participants got to learn the game in a safe environment with experienced players. These games are often played in the community at various comic book stores. Thanks to these volunteers and Comic Reader store, the kids were able to take home starter decks and instruction manuals. Eventually when people are comfortable enough with the game, we hope they will partake in activities and tournaments offered in the community. If you feel that your son or daughter may be interested in a group like this, please speak with your clinician.



Magic the Gathering Volunteers (left to right) Blake Schinbein, Mike Wojtowicz, and Kevin Mclean,

COME PLAY

The "Come Play" program is simply that....a place for you to bring your child to play. Those summer days can be long and if you are looking for a place for you and your child to play, we have just the space!!

We have extra room for 3 families each Sunday.

How do I register?

Please call Autism Reception at 766-0750 by the Friday prior to the Sunday you would like to attend. Registration will be done week by week. If the Sunday you would like to come is already booked, you will have priority for the following available slot.

Where & When?

Sundays from 10:00 am -1:00 pm on July 7, 14, 21, 28 & Aug. 11, 18 & 25 at the Regina Christian School, 2505 23rd Ave., Regina, SK

Child and Youth Services Autism Team runs a respite group at the same time. Not everyone is a part of this group but if you are looking for a safe place to play with your children on Sundays we would invite you to come use the space. **Here are the rules of the "Come Play" program:**

1. **You must sign** in using the sign in sheet. Please include your name and the names of your children that will be playing.
2. **You must stay** with your child and supervise them. Our NRG staff work 1:1 with an assigned client and are responsible for that client only.

You may use our toys and equipment but please leave them the way you found them.

If you have questions or concerns during the hours of 10-1, please talk to Josie Vis. She is our interventionist in charge on site. A CYS clinician is available to Josie should she require additional support. **Josie can be reached at : 306-581-1423 or 306- 526-8748**