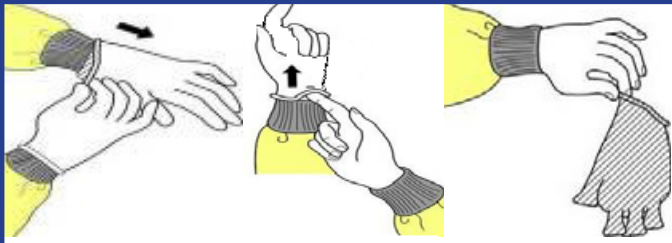


Removing Personal Protective Equipment (PPE)



REMOVE GLOVES

- Grasp outside edge of gloves near the wrist
- Peel away from hand, turning glove inside out, put in the garbage
- Slide ungloved finger under the other glove, peel off and put in the garbage

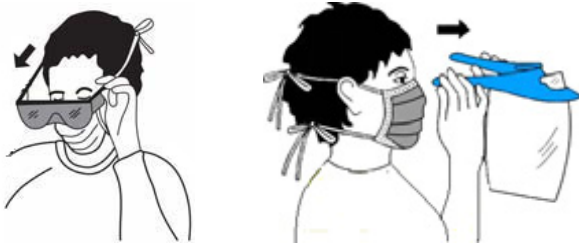
▼ CLEAN YOUR HANDS ▼



REMOVE GOWN

- Unfasten top tie first, then waist tie
- Peel gown away from neck and shoulders
- Turn outside toward the inside
- Place in dirty laundry hamper, or if disposable, in the garbage

▼ CLEAN YOUR HANDS ▼



REMOVE EYE PROTECTION

- Put new gloves on
- Using one hand, lift away eye protection from face
- Clean and disinfect with appropriate wipe, then remove gloves

▼ CLEAN YOUR HANDS ▼



REMOVE MASK

- Untie bottom, then top tie, or remove ear loops
- Lift away from face while holding the ties or loops
- Place in the garbage

OR REMOVE N95 RESPIRATOR (Special Mask)

- Lift the bottom elastic over your head first, then the top elastic
- Lift away from face while holding the elastic
- Place in the garbage

▼ CLEAN YOUR HANDS ▼

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WHERE TO REMOVE PPE

- ❖ Remove PPE carefully to avoid self-contamination
- ❖ Take off gown and gloves inside of patient/resident room
- ❖ Take off eye protection, mask or respirator outside of patient/resident room, after the door is closed (if needed)

Adapted from the Regional Infection Control Network's "Taking Off Personal Protective Equipment" and PIDAC (2009) Routine Practice & Additional Precautions Best Practice Guideline. Photo credit: Centers for Disease Control and the Ontario Ministry of Health and Long Term Care.